



**PRESS RELEASE**

**June 22nd 2011**

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## **Lerwick's Sound Primary School wins £200 for their Appetite for Action**

Sound Primary School in Lerwick has won a £200 special award prize for their green fingers as part of UK charity Global Action Plan's { [HYPERLINK "http://schools.appetiteforaction.org.uk/index.php" }](http://schools.appetiteforaction.org.uk/index.php) The school, based in Lerwick, the Shetland Isles, went above and beyond in their Get Growing challenge, which encourages pupils to grow their own food and helps them understand where their food comes from.

As part of their Get Growing challenge, Sound Primary School

- With the help of members from the Moving On Project and Manson & Robertson, the pupils have cleared all rubbish and stone for the gardening area.
- Invited local farmer to Jim Budge to help them plant five different varieties of potatoes.
- The pupils investigated the impact of transporting food and asked local people for Shetland soup recipes and made tattie soup.
- The pupils purchased a polytunnel made from recycled salmon nets to protect the plants from the strong winds on the Island.

**Sound Primary School teacher Jane Husband** commented, reflecting on the help the school has received: *"We're really proud of the support we've had from the community, such as the Moving On project, and others we've had to come help in the garden. We could not have achieved the progress we have without them."*

**Global Action Plan CEO Trewin Restorick says:**

*"Sound Primary School are showing us all how we can use all the available space we have to grow our own fruit and vegetables and how a garden can become a food hub for the local*

*community. With rising food and fuel prices it's great that these pupils are learning where their food comes from."*

### **Notes to Editors**

For further information contact Stephanie Walker, Marketing Team Leader, on 020 7420 4443, { HYPERLINK "mailto:stephanie.walker@globalactionplan.org.uk" }.

### **About Global Action Plan**

Global Action Plan is the UK's leading environmental behaviour change organisation and, since 1993, has helped schools, communities and businesses reduce their carbon footprint to positively impact on the environment and climate change. Global Action Plan consistently achieves significant environmental and financial savings in the UK by empowering people to take action on energy, waste, water and transport. Global Action Plan is the only charity in the UK to be supported by the United Nations Environment Programme.

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### **About Appetite for Action**

Appetite for Action is an online teaching resource for primary schools in the UK and Ireland that helps schools tackle food waste, sustainability and climate change. Developed with teachers, the website offers schools access to free resources, from lesson plans and fact sheets to activity ideas and films. The programme helps pupils reduce the amount of food they throw away, grow their own fruit and vegetables, and understand where their food comes from.

**Photos:** The Sound Primary School Veggie Gardeners gardening club

